



Facilitator Coaching & Training Programs

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Systemic Constellations Facilitator Coaching & Training Programs

[2012 Portland Constellation Facilitator Training](#)

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We maintain this program as an example of our typical course structure. Each new course changes in small details to match the group it aims to serve. One difference is that we will not offer CEUs in the future.

PORTLAND 2010 Constellation Facilitator Training Course

Trainer: Jane Peterson, PhD

Sponsor: [Human Systems Institute](#)

MODULE 1 & 2 Intensive Sessions: Focus on the specific dynamics present in relationships, career and health issues. Experiential training develops the skills needed to use this approach and to incorporate with your professional practice and personal life. Total program of 18 days is required for certification by the Human Systems Institute.

Session dates & costs: Two 5-day sessions, plus two discretionary workshop days are required for this part of the program. \$1580. 72 CEU's for NASW, OBNE, OBCE.

Sept. 22-26, 2010

Oct. 13-17, 2010

MODULE 3 Coaching & Supervision Intensive: Receive individualized coaching, optional video supervision and expert analysis of your cases. This is a required module for this certification by the Human Systems Institute. (Module 1 & 2 are prerequisites.)

Session dates & costs: Two 3-day sessions included in this program. \$790. 36 CEU's NASW & OBCE. 18 CEU's OBNE.

Nov. 5-7, 2010

Dec. 3-5, 2010

Typical session structure:

- Wednesday through Friday, 9:30 a.m. – 5:30 pm. Mornings focus on principles; afternoons on practices.
- Saturday, 9:30 a.m. – 7:00 p.m. Public workshop. Cases from the community. Post workshop discussion and Q & A. (Plus two additional Public workshop days at their discretion within one year of beginning the program.)
- Sunday, 9:30 a.m. – 4:30 p.m. Sessions focus on practice, case analysis from student cases and demonstrations of different approaches.

WHO SHOULD ATTEND:

If your practice involves consulting with individuals and family members in a private consultation session, you will find the systemic constellation work to be a valuable addition to your work.

For specific information for professionals in the healing arts: [physicians, nurses, chiropractors, naturopathic physicians, acupuncturists, physical therapists, bodyworkers](#).

For specific information for those in mental, emotional and spiritual health fields: [therapists, counselors, social workers and psychologists](#).

Lawyers and mediators, organizational development consultants, clergy will also find the ease of using this method, high client engagement, and the systemic perspective especially useful in their work. You can also take this course for your own personal development and evolution.

OUR APPROACH TO TRAINING:

The Human Systems Institute offers a training and coaching program for professionals who wish to include the ability to facilitate Systemic Constellations in their repertoire. Our training programs are either 6 months or one year in length and provide students with coaching, training and on-going support in their development as facilitators of this unique and powerful method of working with human systems.

Why Coaching?

Facilitation is partly an art, partly skillful application of known principles and practices. There are many aspects to facilitating Systemic Constellations well. This is called a training and coaching program because there is an emphasis on personalized development of the individual student's ability to facilitate Systemic Constellations.

Students naturally bring differing skills and abilities, personal and professional issues to the program. They have their own goals for being in the program and desired application for the work. In this past year's program, for example, we had physicians, social workers and an organizational development specialist. One student was participating in the program as part of healing a chronic illness, another as part of developing skills to facilitate TaKeTiNa circles. This diversity of viewpoints and backgrounds provides a rich ground for the exploration of Systemic Constellations.

Each student receives individualized coaching to enable them to resolve any challenges they may face in becoming an excellent facilitator and to enhance their strengths in this role. By using a coaching model, we encourage interaction and dialog with both the program facilitator and the other students. Program size is limited to 12 students to maximize the opportunity for these

learning interactions. The goal of the coaching program is to bring together a small, diverse, highly qualified group of students who engage each other and the work in depth. Specific coaching and training is provided in three areas:

Principles. These are the Orders of Love and other common tendencies in family systems that have been so beautifully articulated by Bert Hellinger and others. A sound knowledge of these principles provides a foundation for approaching the constellation work.

Practices. Through lecture and experiential exercises students will learn useful models of managing group dynamics, develop a process level understanding of constellations, learn to manage their own and others' states, develop a phenomenological stance and much more. Developing clean perceptual skills is also an important element in facilitating skillfully. There will be many exercises designed to enhance your perceptual awareness of other human beings and of groups.

Self-Awareness. Through home exploration opportunities and experiential exercises, students have the opportunity to discover their own biases, personal and professional issues which might prevent them from facilitating cleanly. Exercises such as "Yourself as Victim", "The Stories We Tell", and others allow students to face themselves in the mirror of this work as they engage in the study of Systemic Constellations. The study of this work is a life time path of learning and exploration.

Supervision. Doing is one of the best ways of learning. To this end, students are offered four full supervision days and the opportunity to lead a Constellation Study Group offered through the Institute, and to facilitate constellations with the supervision of the program facilitator. An emphasis on high quality peer feedback in a safe and supportive environment is part of this section of the program. We often learn the most from watching our peers as they learn.

In addition, an on-going supervision group will likely be offered for students who have completed the basic program. This will give students an opportunity to facilitate constellations under the supervision of the Institute's director, to receive feedback and to continue to develop their skills in a safe and supportive setting.

We are deeply grateful to Bert Hellinger, Hunter Beaumont, Gunthard Weber and many others for discovering and developing the body of knowledge we call Systemic Constellations. Deeply engaging with this work is a life changing process. This path is open to those who follow Love and support Life.

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