

# Children of the New Earth

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Inspired Parenting Radio Show

## Insights of an Indigo Mom A Mother's Awakening by Jenny McCarthy

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The day my son was born I knew the world was going to be okay. Some people only get to see heaven when they die. On May 18th 2002, I held heaven in my arms, and named him Evan. His big round eyes blinked at me and at that exact moment my life took a new direction. Every cell in my body wanted



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to make sure this world was safe for him and I was determined to break down walls and build bridges so that he can live in a world that mirrors his beauty.

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The day I found out I was an adult Indigo will stay with me forever. I was walking hand in hand with my son down a Los Angeles street when this woman approached me and said, "You're an Indigo and your son is a Crystal." I immediately replied, "Yes!" and the woman smiled at me and walked away. I stood there for a moment, because I had no idea what the heck an Indigo and Crystal was, but I seemed so sure of it when I had blurted out "Yes!" After doing some of my own research on the word Indigo, I realized not only was I an early Indigo but my son was in fact a Crystal child. From that point on things in my life started to make sense. I always wondered why I was a ball-buster and rule breaker on TV, and at that moment I knew exactly why. I was born to not only think outside the box, but to break that box up into a million pieces. I called this day my

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**Rev. Michael Bernard Beckwith**  
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Life Visioning & Fulfilling Your Soul's Purpose

**Jenny McCarthy** on  
Autism, Vaccinations & Taking Back Our Parental Power

Author & Education Expert, **Linda Lantieri** on Building Emotional Intelligence and Inner Strength in our children

**Dan Millman** on Raising Enlightened Children

**Dr. Bruce Lipton** on Parents as Genetic Engineers

**Lauren Holly** on How Adopting Her 3 Boys Changed the Focus of Her life

**Kristen Stills & Elaine Hall** on Autism: The Musical

**Thomas Haller & Chick Moorman** on Positive Parenting

**Gurmukh Kaur Khalsa** on Pre and Post-Natal Yoga and

"awakening" but really it was the day I remembered. This was the day my life and global mission became so clear. There was nothing I could do that could contain the excitement of what was to come.

As all of you know, being a mother changes you in ways that you never thought you could imagine. I went from chain smoking and eating cheeseburgers to Hepa air filters and eating vegetarian after my son was born. The love I had for him made me want what was best for him. I was so eager to go on every talk show and preach to the world about the importance of healthy air, healthy food, and empowering our children to be the divine manifestors they came here to be. Unfortunately, I knew deep down inside that preaching would only go so far. Many parents get stuck in a comfort zone and don't really want to change the way things run in their own households.

So, I asked the Divine for help, and my Indigo awakening day brought it right to me. The way to create a new way of life for our children isn't just about teaching the parents, but more about teaching the children. I knew immediately that changing education in schools was my global life mission. I want to open schools across the country that apply this philosophy so that our children can be taught in an environment that feeds their soul and has them in continual balance with their authentic self.

I want our children to start each day in silent meditation with an intention for that day. I want organic cafeterias, outdoor class sessions, teaching about the power of thought, getting rid of rote memorization. I want it all. I want it to be everything and anything that ignites the fire in our children so they can live in the light, know that they have a voice, and that they can make a difference in this world. We will listen. We will build them the schools so they can have a place to do just that.

Being the Indigo I am, I do know I have taken on the biggest task anyone could try to accomplish in one lifetime. I have no doubt in my mind you will be watching me do this for the rest of my life, until I can barely hold myself up with my walker. I hope to find moms like you who also want this for your children, and join me in doing this in your own neighborhoods. Strength is in numbers, right? Well ladies, have I awakened any of you to join me on this mission?

On June 1st, I'll be available in the Indigo Cafe forum at [www.IndigoMoms.com](http://www.IndigoMoms.com) to discuss these plans with you.

Love, Evan's Mommy,  
Jenny

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## ABOUT THE AUTHOR

Jenny McCarthy was best known as host of the enormously popular series *MTV's Singled Out*.

Children's Relationships by  
Cynthia A. Frosch, PhD

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She currently is the New York Times bestselling author of *Belly Laughs: The Naked Truth About Pregnancy, and Childbirth* and *Baby Laughs: The Naked Truth About the First Year of Mommyhood*, and her new book *Life Laughs* is about the comedic experiences with marriage, modern motherhood and moving on. She happily lives in California with her beautiful son Evan.

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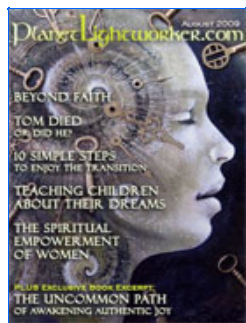
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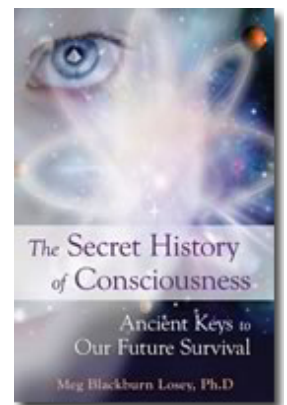
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